

**ST.JOSEPH'S DEGREE COLLEGE,KURNOOL.**

**DEPARTMENT OF ZOOLOGY**

**ORGANIZING COMMITTEE: Department of Zoology**

**NAME OF THE ACTIVITY: Awareness program on Health and Hygiene**

**PURPOSE OF THE ACTIVITY: To educate the school children about the maintenance of health and hygiene.**

**EVENT COORDINATORS : Department of Zoology**

**DATE&TIME : 1-08-2024 9AM to 12PM**

**VENUE: SRI TANGUTOORI PRAKASHAM PANTHULU MEMORIAL MUNICIPAL CORPORATION HIGH SCHOOL.KNL**

**NO.OF STUDENTS PARTICIPATED: 09**

**NO.OF STUDENTS ATTENDED: 09**

## **Letter to SJCQAC**

To

15 July, 2024

The IQAC Coordinator  
St. Joseph's Degree College  
Kurnool.

**Subject:** Request for Approval to Organize an Awareness Program on Health and Hygiene

**Dear Sir,**

I am writing to bring to your kind attention that the Department of Zoology is planning to organize an **Awareness Program on Health and Hygiene** at **Sri Tangutoori Prakasam Panthulu Memorial Municipal Corporation High School, Kurnool, on 1st August 2024.**

The objective of this program is to educate and empower the students about the importance of maintaining good health and hygiene, which we believe will significantly benefit their overall well-being.

I kindly request your approval and support to organize this event. Your encouragement and guidance will greatly contribute to the success of this initiative.

Thank you for considering this proposal.

Yours sincerely,

**Dr. C.S. Sreenivasa Rao**

Head,

Department of Zoology and Biochemistry

St. Joseph's Degree College, Kurnool

**CIRCULAR**

**Date:** 25-02-2023

Dear Students,

The **Department of Zoology** is pleased to announce an **Awareness Programme on Health and Hygiene**, scheduled to be held at **Sri Tangutoori Prakasam Panthulu Memorial Municipal Corporation High School, Kurnool**, on **1st August 2024**.

This initiative aims to educate and promote awareness about the importance of maintaining good health and hygiene among students.

We invite enthusiastic students to actively participate in this meaningful programme and contribute to making it a success.

For further details and registration, please contact the Department of Zoology.

**Warm regards,**  
**Department of Zoology**  
St. Joseph's Degree College  
Kurnool

## **Report on Awareness Program on Health and Hygiene**

**Organized by the Department of Zoology**

**Date: 1st August 2024**

**Venue: Sri Tangutoori Prakasam Panthulu Memorial Municipal Corporation  
High School, Kurnool.**

The Department of Zoology, St. Joseph's Degree College, organized an **Awareness Program on Health and Hygiene** on **1st August 2024** at Sri Tangutoori Prakasam Panthulu Memorial Municipal Corporation High School, Kurnool. Health and hygiene are interrelated aspects critical to the overall development of students, particularly in government schools. This program aimed to promote awareness of the importance of a clean and healthy lifestyle, thereby fostering a conducive learning atmosphere and improving academic performance among schoolchildren.

### **Program Details**

The event involved active participation from **B.Sc. Zoology students**, who delivered engaging **PowerPoint presentations** and displayed informative **posters**. The content focused on inculcating good hygiene habits in school students from a young age and emphasized developing lifelong commitments to sanitation and cleanliness.

### **Objectives**

The specific objectives of the program were:

1. To incorporate health and hygiene education into the school curriculum.
2. To create a sense of well-being, reduce stress, and foster a positive learning atmosphere.
3. To encourage good hygiene practices among students that will last a lifetime.

### **Activities Conducted**

1. **Presentations:** B.Sc. Zoology students used visually appealing PowerPoint slides to explain the significance of health and hygiene in daily life.
2. **Poster Displays:** Educational posters were exhibited, illustrating essential hygiene practices such as handwashing, oral hygiene, and proper waste disposal.
3. **Interactive Sessions:** The schoolchildren actively participated in discussions, asked questions, and shared their existing hygiene practices.

## Key Messages Delivered

- The importance of maintaining personal hygiene, such as bathing daily and keeping nails trimmed.
- The role of proper waste disposal in maintaining school sanitation.
- Simple practices like regular handwashing and covering food to prevent illnesses.

## Outcomes

The program achieved the following outcomes:

1. Students gained an understanding of how good health practices enhance cognitive function and concentration.
2. An improvement in awareness among schoolchildren regarding sanitation and its impact on academic performance.
3. The importance of proper waste disposal was highlighted, and practical suggestions were provided to improve hygiene standards in the school.

## Conclusion

The awareness program was a great success, receiving positive feedback from the school administration and students. The initiative not only educated the participants but also inspired them to adopt healthy practices in their daily lives.

### **Acknowledgment:**

The Department of Zoology extends heartfelt gratitude to the management of St. Joseph's Degree College, the faculty, and the students for their support in organizing this event. Special thanks to the staff and students of Sri Tangutoori Prakasam Panthulu Memorial Municipal Corporation High School for their enthusiastic participation.





